

# Jefferson-Lewis BOCES CPR and First Aid for Coaches

## Schedule Summer 2024-Summer 2025

*For CPR the course will be held at Jefferson Community College. The First Aid content only will be offered by Webex. The hands on component of First Aid mannequin/breathing portion will be held in person at the Jefferson Community College, 1220 Coffeen Street, Watertown, NY, Jules Center, meet at the Bookstore lobby. Classroom number will be 6-118.*

The certification office at the Jefferson-Lewis BOCES would like to have the paperwork in for the coaches by:

**Fall sports – July 1**

**Winter sports – October 1**

**Spring sports – January 1**

**Classes will run if there is sufficient enrollment.**

### **Summer 2024 CPR/First Aid Courses**

#### **CPR Initial/Update**

Thursday, June 13, 2024	4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial
Wednesday, July 10, 2024	4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial
Tuesday, August 6, 2024	4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial

#### **First Aid Initial**

Saturday, June 1, 2024	9:00-1:00 p.m. Webex
Tuesday, June 4, 2024	4:00-8:00 p.m. Webex
Thursday, June 6, 2024	4:00-8:00 p.m. Hands on portion in person

#### **First Aid Initial**

Saturday, August 3, 2024	9:00-1:00 p.m. Webex
Friday, August 9, 2024	4:00-8:00 p.m. Webex
Tuesday, August 13, 2024	4:00-8:00 p.m. Hands on portion in person

#### **First Aid Update Part 1**

Friday, June 7, 2024	4:00 p.m.-7:30 p.m. Webex
Wednesday, July 17, 2024	4:00 p.m.-7:30 p.m. Webex
Saturday, August 10, 2024	9:00-12:30 p.m. Webex

#### **Part 2 (Hands on component in person)**

Saturday, June 8, 2024	9:00-11:00 a.m.
Friday, July 19, 2024	4:30-6:30 p.m.
Thursday, August 15, 2024	4:30-6:30 p.m.

### **Fall 2024 CPR/First Aid Courses**

#### **CPR Initial/Update**

Thursday, September 19, 2024	4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. CPR Initial
Thursday, October 17, 2024	4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. CPR Initial
Wednesday, November 13, 2024	4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. CPR Initial
Saturday, December 7, 2024	9:00-12:00 p.m. CPR Update, 9:00-1:00 p.m. CPR Initial

#### **First Aid Initial**

Thursday, October 3, 2024	4:30 p.m.-8:30 p.m. Webex
Tuesday, October 8, 2024	4:30 p.m.-8:30 p.m. Webex
Thursday, October 10, 2024	4:30 p.m.-8:30 p.m. Hands on Component

Saturday, December 14, 2024	9:00 a.m.-1:00 p.m. Webex
Tuesday, December 17, 2024	4:30 p.m.-8:30 p.m. Webex
Thursday, December 19, 2024	4:30 p.m.-8:30 p.m. Hands on Component

**First Aid Update Part 1**

Tuesday, September 24, 2024 4:30-8:00 p.m. Webex  
 Monday, November 4, 2024 4:30-8:00 p.m. Webex

**Part 2 (Hands on component in person)**

Thursday, September 26, 2024 4:30-6:30 p.m.  
 Wednesday, November 6, 2024 4:30-6:30 p.m.

**Winter 2025 CPR/First Aid Courses****CPR Initial/Update Part 1**

Thursday, January 9, 2025 4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. CPR Initial  
 Thursday, February 6, 2025 4:30 p.m.-7:30 p.m. CPR Update, 4:30 p.m.-8:30 p.m. for CPR Initial

**First Aid Initial – 12 hours**

Thursday, January 16, 2025 4:30 p.m.-8:30 p.m. Webex  
 Tuesday, January 21, 2025 4:30 p.m.-8:30 p.m. Webex  
 Thursday, January 23, 2025 4:30 p.m.-8:30 p.m. **(Hands on component in person)**

**First Aid Update Part 1**

Tuesday, January 28, 2025 4:30-8:00 p.m. Webex  
 Tuesday, February 25, 2025 4:30-8:00 p.m. Webex

**Part 2 (Hands on component in person)**

Thursday, January 30, 2025 4:30-6:30 p.m.  
 Friday, February 28, 2025 4:30-6:30 p.m.

**Summer 2025 CPR/First Aid Courses****CPR Initial/Update**

Tuesday, June 10, 2025 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial  
 Wednesday, July 16, 2025 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial  
 Tuesday, August 12, 2025 4:00 p.m.-7:00 p.m. for CPR Update, 4:00-8:00 p.m. for CPR Initial

**First Aid Initial**

Wednesday, July 2, 2025 4:00-8:00 p.m. Webex  
 Monday, July 7, 2025 4:00-8:00 p.m. Webex  
 Wednesday, July 9, 2025 4:00-8:00 p.m. Hands on portion in person

**First Aid Initial**

Friday, July 25, 2025 4:00-8:00 p.m. Webex  
 Friday, August 1, 2025 4:00-8:00 p.m. Webex  
 Thursday August 7, 2025 4:00-8:00 p.m. Hands on portion in person

**First Aid Update Part 1**

Friday, June 20, 2025 4:00 p.m.-7:30 p.m. Webex  
 Monday, July 14, 2025 4:00 p.m.-7:30 p.m. Webex  
 Thursday, August 14, 2025 4:00 p.m.-7:30 p.m. Webex

**Part 2 (Hands on component in person)**

Friday, June 27, 2025 4:30-6:30 p.m.  
 Monday, July 21, 2025 4:30-6:30 p.m.  
 Tuesday, August 19, 2025 4:30-6:30 p.m.

The First Aid Initial course is 12 hours and the First Aid Update course is 5.5 hours. The CPR Initial course is four hours and the CPR Update course is three hours.

To register for classes, please contact Darcy Peterson at Jefferson-Lewis BOCES, 20104 State Route 3, Watertown, NY 13601 – 315-779-7015, e-mail [dpeterson@boces.com](mailto:dpeterson@boces.com). When you register, we will need the names of the coaches, cell phone number, email address, date of birth and last four digits of Social Security number. We have to have an enrollment of six coaches to run each course. If the school district request us to run the courses and we do not have the minimum enrollment, the cost of the course will be divided between the school districts. If a coach signs up for a course and does not come, the school district will still be billed for the coach that did not show up for the course.