



# Adirondack Middle School

## SUPPLY LIST

2023-2024 School Year

BACK TO  
SCHOOL

### Each student needs:

- Pens & Pencils
- Pencil Case\*
- Backpack
- Earbuds/headphones
- Plastic Water Bottle
- Physical Education:
  - Sneakers that tie securely to the foot and socks
  - Clothes appropriate for both indoor & outdoor activities (such as shorts or sweatpants/wind pants, sweatshirt or t-shirt)
  - Deodorant
  - Swim Suit (one-piece for girls)

*Additional school supplies are being provided by Connected Community Schools & the district.*

### Locker Initiative

In an effort to increase the use of school lockers, students will not be carrying a backpack from class to class. We plan to provide support & guidance so our students are confident opening their lockers & know when to plan locker stops during the day.

**WHY IS THIS A GOOD CHANGE FOR STUDENTS?**

Carrying everything in a heavy bookbag all day is not physically healthy for students. It can cause shoulder, back, and neck strain. Also, managing a locker is a step towards independence for our students!

\*The cell phone policy will remain the same (OFF & AWAY DURING THE DAY). Students may leave their cell phones in their lockers or in their pencil case.



# Adirondack Middle School

## Supply List

2023-24

Each student needs:

- Pens & Pencils
- Pencil Case\*
- Backpack
- Earbuds/headphones
- Plastic Water Bottle
- Physical Education:
  - Sneakers that tie securely to the foot & socks
  - Clothes appropriate for both indoor and outdoor activities
    - Such as shorts or sweatpants/windpants, sweatshirt or t-shirt
  - Deodorant
  - Swim Suit (one-piece for girls)

*Additional school supplies are being provided by Connected Community Schools & the District.*

### **Locker Initiative:**

In an effort to increase the use of school lockers, students will not be carrying a backpack from class to class. We plan to provide support and guidance so our students are confident opening their lockers and know when to plan locker stops during the day.

### ***Why is this a good change for our students?***

Carrying everything in a heavy backpack all day is not physically healthy for students. It can cause shoulder, back, and neck strain. Also, managing a locker is a step towards independence for our students!

\*The **cell phone policy** will remain the same (OFF & AWAY DURING THE DAY).  
Students may leave their cell phones in their lockers or in their pencil case.